

ANTI AGING FACIALS

Four Layer Facelift Facial\$85
This revolutionary 4-layer facelift will change the image of your skin in just one application. Vitamin C, glycolic acid and highly active enzymes speed up cellular turnover and brighten, tighten and lighten your skin in just one treatment.

Lightening Lift Treatment\$60
This mega-lightening treatment gently blends lactic acid and a cocktail of lightening and brightening agents to reduce sun spots, brown spots and redness caused by rosacea.

Acne Lift Treatment\$60
A beta-hydroxy acid cocktail. This safe and outstanding resurfacing modality has a dual benefit. It reduces and treats all kinds of acne while resurfacing and smoothing the skin after just one treatment.

The Micro Lift Facial\$115
A dual-treatment process of microdermabrasion combined with a chemical resurfacing solution for a more advanced result on problematic skin.

SPECIALTY FACIALS

Pumpkin Facial\$65
This light, gentle peel will soften your skin while removing impurities and dead cells leaving the texture more supple. Recommended for all skin types and rosacea.

Papaya Facial\$65
Helps purify the skin and reduce the appearance of wrinkles and blemishes. Recommended for oily and combination skin.

Collagen Facial\$65
A luxurious and nourishing treatment for normal to dry, dehydrated and undernourished skin. Nutrient rich collagen, cellular complexes, amino acids, panthenol, vitamins and natural oils help to increase the moisture level, prevent early appearance of wrinkles and help the skin breathe easily during the cellular renewal process.

Organic Stone Facial\$65
An ultra-gentle botanical facial, packed full of super anti-oxidants. Regenerates, tones, firms. Brings balance back to your skin. Perfect for all skin types, especially sensitive.

Vitamin C Facial\$65
Rejuvenate dull, dry, tired skin. Promotes healthy cell renewal by boosting collagen production. A noticeable difference in fine lines and hydration will be visible after just one treatment.

MINI FACIALS

Mini Facial (30 minutes)\$40
Perfect for time management. Consists of cleansing, toning, mask, and moisturizer. No extraction or massage are done in this facial.



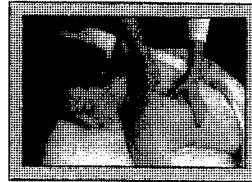
MICRODERMABRASION

Best done in a weekly series with monthly maintenance. A clinically proven technique for treating fine lines, wrinkles, age spots, acne scars and hyper pigmentation.

One treatment\$49
Six treatments270 (45 each)
Ten treatments390 (39 each)

MASSAGE

- Tailored to your needs ... firm or light touch
- Target specific areas - great for golfers!
- Reflexology of hands or feet
- Lymphatic Sinus Drainage or Stone Massage



80 minutes\$90 **50 Minutes**65
30 Minutes45

Add Aromatherapy\$5

BODY TREATMENTS

CHAMPAGNE BODY SCRUB\$45
Full body scrub with sea salt, champagne cream and light massage.

SEAWEED DETOX WRAP\$65
This is used to detoxify tissue and promote balance. Great wrap if you are ridding the body of toxins.

CONTOUR TREATMENT\$65
Helps to reduce the appearance of cellulite, reduce water retention, and assist in weight loss.

MANICURES

SPECIALTY MANICURES (50 min)\$50

- Hot Stone - Double exfoliation and massage with warm river stones.
- Champagne - Detoxifies and helps fight free radicals.
- Pumpkin - Exfoliation with pumpkin scrub, mask and lotion.

BASIC MANICURE (30 min)\$25
Soak, nail shaping, cuticle care, massage and polish.

EXPRESS MINI-MANICURE (15 min)\$15
File, buff and polish.

- Add Paraffin Dip\$10
- Add French Polish\$5
- No acrylic nail services

PEDICURES

TOTAL INDULGENCE PEDI (80 min)85
Double exfoliation, sea clay mask, reflexology, nail maintenance, paraffin dip and polish.

SPECIALTY PEDICURES (50 min)\$60

- Hot Stone - Double exfoliation and massage w/warm river stones.
- Champagne - Detoxifies and helps fight free radicals.
- Pumpkin - Exfoliation with pumpkin scrub, mask and lotion.

BASIC PEDICURES

(45 min)\$45
Soak, exfoliation, nail shaping, polish and massage.

EXPRESS PEDICURE\$20
File, buff and polish.

SPECIALTY TREATMENTS

EAR CANDLING30
This treatment has a long history dating back to the Egyptian times. The candle creates a light suction to pull the wax and pollens out of the ear. It is combined with lymphatic drainage massage and helps to relieve ear aches, sinus, and hearing problems. This treatment is very relaxing and effective.

BROW OR LASH TINT30 each

SPIDER VEIN REMOVAL (half hour)\$49
Thermocoagulation cauterizes spider veins and other minor vascular blemishes. Great on the face to reduce redness.

HAIR REMOVAL

ELECTROLYSIS (Permanent)
60 minute ...70 45 minute60
30 minute ...40 15 minute30

WAXING (Temporary)

Brows20
Lip15 Chin15
Lip, Chin, Sides40 Half Arm40
Full Arm40 Under Arm20
Half Leg35 Full Leg50
Bikini40 Neck35
Back60 Brazilian or Sphinx60



**SPA
PACKAGES**

PAR FOUR PACKAGE\$216
Specialty Facial, 50 min massage, Specialty Pedicure & Manicure

ROYALTY PACKAGE\$148
Sea Salt Body Scrub, Mini Facial, Basic Pedicure, Basic Manicure

TRIPLE PLAY\$130
50 Minute massage, body scrub, foot treatment pedicure

CREATE YOUR OWN PACKAGE10% OFF
Choose any three or more spa services per person and receive 10% off. (Brow waxing not included.)

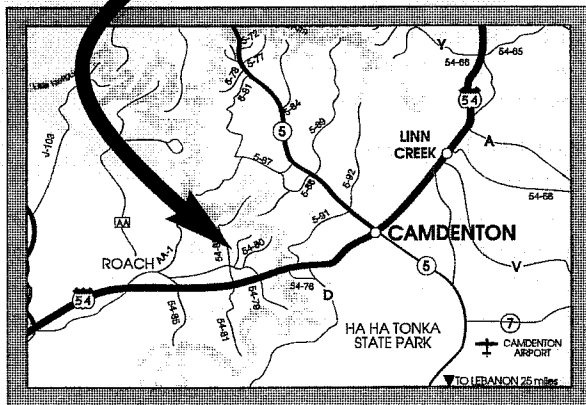
We are open by appointment only
573-317-3585 or 573-216-1590

Gift certificates available

Cancellation policy: 24 hour notice
is required or full payment due.

Cash or check only

Located at Old Kinderhook Golf Resort
Three Miles West of Camdenton on
Lake Road 54-80.



Elements Spa
54 B Club Place
Old Kinderhook
Camdenton, MO 65020

Where all the elements come together.





Elements Spa
at Old Kinderhook Resort

Open by Appointment
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or 216-1590

Elements Spa ...
Where all the elements come together.


water
soothes


fire
warms


air
sustains


earth
supports